

Counselors' Corner

Meadow Glen Elementary

May 2021

Classroom Lessons

The school counselors at MGES visit with each class every three weeks. Listed below are some of the topics taught during the second semester.

Kindergarten

(Mrs. Mills)

- Bullying
- Self-Control
- Erin's Law
- Careers
- Coping with worry

1st Grade

(Mrs. Sanzgiri)

- Big Deals and Little Deals
- Erin's Law
- Careers
- Friendly Behaviors

2nd Grade

(Mrs. Sanzgiri)

- Diversity
- Erin's Law
- Friendly Behaviors
- Careers
- Compassion

3rd Grade

(Mrs. Mills)

- Careers
- Problem Solving
- Erin's Law
- Listening Skills
- Appreciating Others

4th Grade

(Ms. Mack)

- Erin's Law
- Careers
- Appreciating others
- Coping with testing

5th Grade

(Ms. Mack)

- Erin's Law
- Careers 1 & 2
- Middle School Wonders/Meet the Counselor

Congrats Mrs. Mills!

Krisy Mills is retiring after 25 years as a school counselor and 7 years as a classroom teacher. She has made a huge impact on all of the students she's served during her time as a counselor. She will be greatly missed at MGES! We wish her well!



Welcome Mr. Whatley!

Next year, Jeff Whatley will be joining our counseling team. He will be working with our rising 1st and 4th grade students. He is so excited to join the MGES team! The fall of 2021 will be his 8th year in education. He is passionate about time with his family, he enjoys the outdoors such as backpacking and camping, and he loves watching a good movie. He looks forward to getting to know his future students!



To get in touch with the counselors, call 803-821-0400 or email smack@lexington1.net, kmills@lexington1.net, or msanzgiri@lexington1.net.
Check out our website at mgescounselorscorner.weebly.com

Bully Prevention at MGES

The school counselors address the topic of bullying with students in each grade level every year through classroom lessons. The lessons begin in kindergarten and build all the way through fifth grade. By the time our students leave MGES, they should have a good understanding of the definition of bullying and other bullying concepts like bystanders vs. upstanders, types of bullying behaviors, and how to get help when they are bullied or witness bullying behaviors.

What is bullying?

Bullying is when a person or a group of people **repeatedly** and **purposely hurt** another person who has **less power** or the perception of less power. We discuss how the three components above are present in order to identify a situation as bullying.

What bullying is not.

Bullying is not a conflict or disagreement between two people. Bullying is not a mean or rude comment that only happens one time. Bullying is not an accident.

Types of bullying:

- Physical
- Verbal
- Emotional/Social
- Cyberbullying

What is a bystander?

A bystander sees a bully situation, but does not do anything to try to stop it.

What is an upstander?

An upstander “stands up” to bullying by:

- Telling the bully to stop
- Being a friend to the target
- Help the target to walk away
- Telling an adult

